

Article

An Experiment in Transdisciplinary Systems Mapping: Architecture and the Water–Energy–Sanitation Nexus in Brazil

Marco Aurélio Soares de Castro ^{1,*}, Norma Valencio ², Deljana Iossifova ^{3,*}, Cristine Diniz Santiago ⁴,
Luciana Ziglio ⁵, Arthur Valencio ⁶, Erica Pugliesi ², Juliano Costa Gonçalves ², Eric Cheung ⁷
and Ulysses Sengupta ⁷

- ¹ School of Technology, University of Campinas (UNICAMP), Limeira 13484-332, Brazil
² Environmental Sciences Department, Federal University of São Carlos (UFSCar), São Carlos 13565-905, Brazil; norma.valencio@ufscar.br (N.V.); epugliesi@ufscar.br (E.P.); juliano@ufscar.br (J.C.G.)
³ Architecture and Urban Studies, University of Manchester (UoM), Manchester M13 9PL, UK
⁴ Institute of Applied Economic Research (IPEA), Brasília 70076-900, Brazil; cristine.dis@gmail.com
⁵ Department of Atmospheric Sciences, Institute of Astronomy, Geophysics and Atmospheric Sciences, University of São Paulo (USP), São Paulo 05508-220, Brazil; ziglio@usp.br
⁶ Brazilian Center of Early Childhood Development, Insper Institute of Education and Research, São Paulo 04546-042, Brazil; arthur_valencio@physics.org
⁷ Architecture and Urbanism, Manchester Metropolitan University (MMU), Manchester M15 6BH, UK; u.sengupta@mmu.ac.uk (U.S.)
* Correspondence: marcocastro@ft.unicamp.br (M.A.S.d.C.); deljana.iossifova@manchester.ac.uk (D.I.)

Abstract: Urban environments contain and are part of a wide range of interconnected complex systems, including infrastructures and services. Rapid and often uncontrolled urbanization triggers distributive inequities and environmental injustices, posing urgent and interconnected challenges that demand inter- and transdisciplinary solutions. Despite architecture’s commitment to ‘sustainability’, its central role in urban systems and their dynamics as well as the discipline’s intersections with other disciplines remain relatively little explored. In this contribution, we focus on the water–energy–sanitation (WES) nexus in Brazil, drawing from transdisciplinary workshops, scoping reviews, and systems mapping. We propose a framework for the analysis of urban nexuses. This framework builds on transdisciplinary systems mapping for the identification of nexus components, nodes, and their interconnections. Our findings indicate that a nexus perspective allows us to identify challenges in urban nexuses, productive intersections with the knowledge and approaches from other disciplines, and possible solutions in collaboration with non-academic stakeholders. We advocate for an expanded professional field and a redefined sense of responsibility within the discipline.

Keywords: water–energy–sanitation (WES) nexus; transdisciplinary approach; systems mapping; urban nexus; Brazil; water; energy; sanitation



Citation: Castro, M.A.S.d.; Valencio, N.; Iossifova, D.; Santiago, C.D.; Ziglio, L.; Valencio, A.; Pugliesi, E.; Gonçalves, J.C.; Cheung, E.; Sengupta, U. An Experiment in Transdisciplinary Systems Mapping: Architecture and the Water–Energy–Sanitation Nexus in Brazil. *Architecture* **2024**, *4*, 73–88. <https://doi.org/10.3390/architecture4010006>

Academic Editor: Naomi Keena

Received: 4 August 2023

Revised: 24 January 2024

Accepted: 26 January 2024

Published: 31 January 2024



Copyright: © 2024 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

1. Introduction

Cities contribute significantly to environmental degradation and climate change [1]. Urban areas, with their high population density and resource consumption, are responsible for 75% of greenhouse gas emissions, driven primarily by transportation demands and stationary energy use [2–4]. The outcomes of rapid and unplanned urbanization in the Global South are manifested in large populations residing in informal settlements facing limited access to essential services, like water, electricity, and sanitation [2]. Structural distributive inequities persist where techno-political barriers hinder infrastructure investments for vulnerable urban populations [5]. In countries like Brazil, economic growth models often prioritize development over environmental quality, exacerbating environmental and social injustices [5–7].

Architecture is implicated in the process of development since architects design the buildings and urban environments within which patterns of everyday life are generated,

take place, and aggregate to shape the trajectories of production and consumption, resource use, pollution, and ultimately, social, economic, and environmental change [8]. Despite architecture's stated commitment to addressing long-term sustainability challenges, architectural practice and architecture-related research often appear to perpetuate narrow perspectives, marked by an aversion to engage with matters beyond the confines of the object, building site, or master plan [9–11]. The discipline's apparent failure to recognize architectural interventions as integral elements of larger dynamic systems hinders the development of comprehensive approaches that consider the complex relationships between architecture (as a practice, process, and built form) and its larger contextual frameworks. This lack of recognition becomes particularly consequential when addressing challenges at the intersections of the built form, environmental systems, and socio-economic relations.

Urban systems interlink political, spatial, social, economic, ecological, and cultural systems that interact and exhibit self-organizational behavior [12–14]. Identifying the constituent parts of a defined system and bringing to the fore the diverse relationships among these parts can shed light on the connections between allegedly unrelated matters situated within the existing and emerging urban fabric as well as across various spatial scales [15,16]. An urban nexus denotes a system that encompasses different components with interconnected, often bi-directional relationships across various scales [17,18]. In exploring the interlinkages and interdependencies of different elements within urban systems, nexus approaches provide a comprehensive framework for addressing dynamic water, energy, food, land, climate, society, carbon, and ecosystem challenges. The examined nexuses include the water–energy–food nexus [1], water–energy–fertilizer–food nexus [19], water–energy–food–land nexus [20,21], water–energy–food–land–climate nexus [22], water–food–energy–society nexus [23], water–energy–carbon nexus [24,25], water–land–food nexus [26,27], and water–energy–food–ecosystem nexus [28,29].

Worldwide, 800 million people lack clean water, 1.1 billion lack electricity access, and 2.5 billion lack adequate sanitation [30]. In this paper, we propose an inter- and transdisciplinary focus on the water–energy–sanitation (WES) nexus. The relationships among the elements of this nexus are mutually dependent (Figure 1): water can serve as an energy source; energy enables water treatment and distribution; and water use necessitates sanitation and vice versa [30]. Research that examines the WES nexus through multidisciplinary approaches could inform efforts to develop the 2030 Agenda for Sustainable Development [1] and multiple Sustainable Development Goals (SDGs) [30]. The mechanisms include the design of infrastructural systems aimed at reducing the health risks associated with inadequate infrastructures (SDG3); enhancing water and sanitation availability and management (SDG6); ensuring access to affordable and sustainable energy (SDG 7); improving waste management and resource efficiency (SDG11 and SDG12); and building resilient infrastructures and cities (SDG9 and SDG11) [31].

1.1. Architectural Intersections with the WES Nexus

Each field of expertise has unique perspectives on the constituent elements and dynamics within an urban nexus. However, disciplinary efforts often remain disjointed and reductive and hinder effective communication and the formation of a comprehensive framework that allows for inter- and transdisciplinary collaboration and insights [14,32,33]. In the following paragraphs, we present a brief overview of the research on architecture, where critical knowledge gaps exist with regards to the identification and implementation of appropriate architectural strategies to address water, energy, and sanitation challenges in diverse cultural and socio-economic contexts.

In the broadest sense, scholars in architecture seek to develop design strategies that promote sustainability and resilience in urban environments [34,35]. Within the architectural humanities, research tends to focus on the history and theory of the architecture–environment relationship [36]. Work within the architectural engineering and design fields appears naturally more concerned with the technical aspects of cities and buildings. This includes studies of the impact of urbanization on water resources [37–39], and how architecture and urban design can

promote resilience to water scarcity, floods, and droughts [40]. Scholars have also focused on the use of green infrastructure and low-impact development strategies to reduce the impacts of urbanization on water resources, for instance, through greywater systems [41,42], rainwater harvesting [43], and rainwater–greywater recycling [44]. Research on sanitation is focused on the use of green infrastructures, such as rain gardens and bioswales, to treat and manage stormwater [45–48] and the use of decentralized wastewater treatment systems to treat and recycle wastewater [49–51]. These strategies can help to improve water quality and protect public health [52,53].

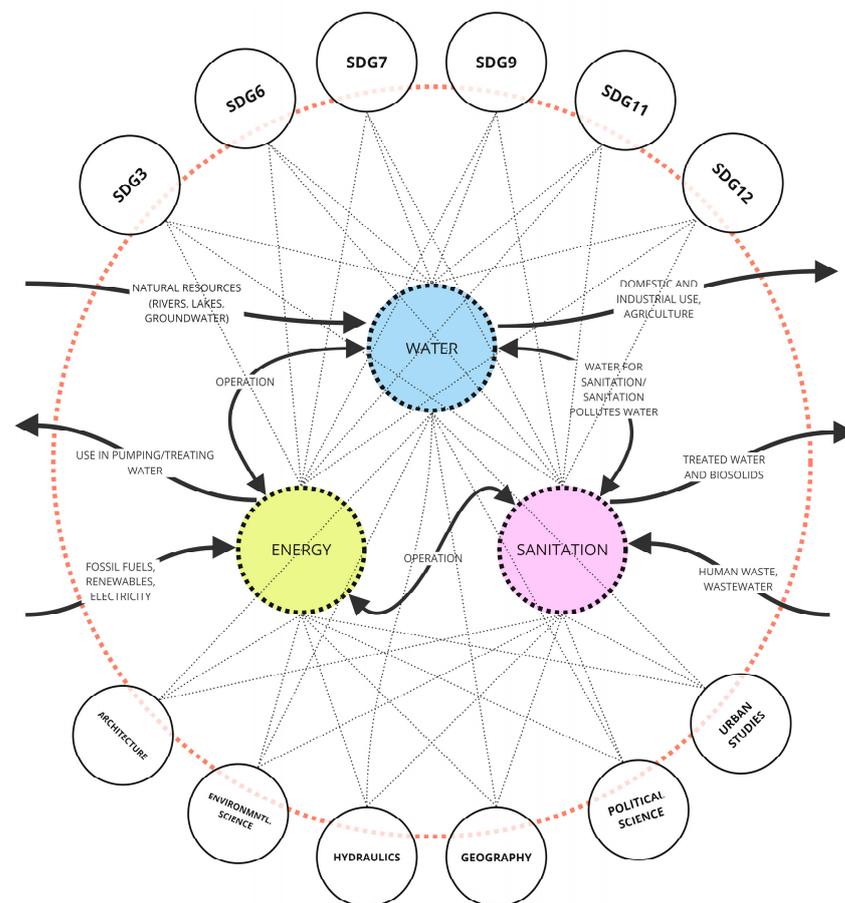


Figure 1. The water–energy–sanitation (WES) nexus and links to SDGs and academic/professional disciplines.

Finally, there is an abundance of studies that focus on the design of buildings and infrastructures that promote energy-efficient building design [54]¹.

However, the labor of translating strategies into practice requires recursive learning that involves interventions that engage society and nature [64]. It also requires knowledge transfer and educational work [65]. Furthermore, while much of the literature focuses on more economically developed countries, the conditions that are typical for less developed countries like Brazil—such as informality in urban environments²—can pose a quite diverse set of challenges. Our understanding of this is not well developed. Understanding the technical and environmental aspects of water, energy, and sanitation is helpful and necessary, but the body of work that addresses the interconnections and interdependencies between these systems and their intersection with architecture is extremely limited. How research and design strategies can be developed to address the social and cultural dimensions of the WES nexus requires further study (Table 1).

Table 1. WES nexus intersections with and knowledge gaps in architectural research.

| Knowledge Gap | Explanation |
|---|--|
| Lack of emphasis on interconnections and interdependencies | Limited understanding of the interconnections between water, energy, sanitation, and architecture [34,35]. |
| Limited research on practical implementation and performance evaluation | Insufficient research on implementing and evaluating design strategies in real-world settings [64,65]. |
| Neglect of social and cultural aspects | Inadequate attention to the social and cultural dimensions of the WES nexus [34,35]. |
| Imbalance toward developed countries | Disproportionate focus on developed countries, neglecting the specific challenges faced by developing countries, like Brazil. |
| Insufficient consideration of broader implications of efficiency | Lack of critical examination of the broader implications of efficiency policies in terms of social, environmental, and economic sustainability [55,61,68]. |

1.2. Research Scope and Structure

In this paper, our aim is to advance a transdisciplinary³ perspective to address WES nexus challenges in Brazil. This involves moving beyond traditional disciplinary boundaries and fostering collaboration among experts from diverse fields. We begin by delineating the methodology employed in our study, including a series of transdisciplinary meetings held in 2021 and an interdisciplinary scoping review of the literature on water, energy, and sanitation in Brazil. These activities laid the groundwork for systems mapping aimed at identifying interconnections between the elements of the WES nexus. We ask: how do fragmented governance and management practices across water, energy, and sanitation sectors in Brazil contribute to inefficiencies in addressing challenges within the WES nexus? We examine the implications of the identified interconnections, emphasizing economic, geographic, environmental, and sociological aspects. We close by advocating for a transdisciplinary approach involving specialists from diverse disciplines to effectively address the challenges inherent in the WES nexus.

2. Materials and Methods

The iterative process of transdisciplinary research employs systems mapping as the underlying mechanism for the identification and evaluation of interventions, whereby transdisciplinary workshops act as the main vehicle for knowledge integration and knowledge translation [72]. Figure 2 presents a schematic overview of key elements of transdisciplinary working. Under ideal circumstances, this process includes (a) the collaborative identification between academic and non-academic stakeholders of the project aims and scope; (b) the identification of the relevant knowledge domains and, subsequently, knowledge gaps and needs in theory and practice; (c) the definition of systems boundaries and identification, through systematic literature reviews, of domain elements and their interrelations; (d) the integration of different knowledge domains and findings; and (e) the identification of possible interventions and their sustainability outcomes and trade-offs.

The focus of this paper is primarily on steps (a)–(c) outlined above. We report on the process and outcomes of a series of online transdisciplinary workshops, titled ‘Towards Healthy Brazil’, conducted between July and December 2021 and involving participants from both Brazil and the United Kingdom. To ensure a transdisciplinary approach to the multifaceted challenges posed by the WES nexus in Brazil, the workshops did not address any specific disciplinary community [69,73,74]. Rather, the 24 participants included senior researchers (mentors) and early career researchers with backgrounds in areas as diverse as architecture, biomedical engineering, demography, economics, environmental engineering, environmental science, geosciences, hydraulics, physics, physical and human geography,

systems undergo continuous change. It is considered a good approach to start without predefined boundaries so as to minimize the risk of excluding important factors [78]. Researchers can choose to represent specific issues in varying levels of detail, depending on the granularity required, and then simplify the system to enhance clarity for external stakeholders [79]⁶.

The process of constructing a systems map holds value in itself in that it enables participants to collectively develop insights and seek solutions while mapping the system [80]. In the approach underpinning this research, we employed systems mapping during the literature review and subsequent collaborative workshops to pinpoint a preliminary set of nodes⁷ that were associated with each of the three nexus components (water, energy, and sanitation). In some cases, the collaborators projected scenarios based on the literature and challenges identified in the real world. We identified 18 nodes and categorized them according to their type as (T01) infrastructures, encompassing both physical and social elements; (T02) indicators that measure the quality, availability, performance, service coverage, participation in, and/or other aspects of the component(s); (T03) policies, representing policies associated with each nexus component; (T04) actors, including stakeholders ranging from citizens to organizations across public and private sectors; and (T05) aspects/impacts, where 'aspects' are defined as the elements of any organization's activities, products, or services that can interact with the environment (e.g., water use) and 'impacts' are defined as the positive or negative outcomes resulting from these interactions (e.g., groundwater depletion) [81]. We identified and focused on a small set of pairs of nodes and their relationships and used diagramming to represent the interconnections between the nodes within the three-component framework visually.

3. WES Nexus Challenges in Brazil

Water plays a central role in the operation of energy sources, drinking water supply, and transport infrastructure in Brazil. The country has historically relied on hydropower generated by large plants with extensive reservoirs since the 1960s [82]. Hydropower was expected to accelerate the country's urbanization and modernization and, therefore, was favored consistently over time, regardless of the political ideology of the governing administrations. The significant dominance of hydroelectricity in Brazil's power generation matrix, accounting for 64% of the total electric generation [83], highlights the immense political power of the component. Local administrations and producers face significant political, economic, and technical challenges in the governance of water that result from administrative boundaries. River basins and watersheds are often subject to political disputes over access due to the classification of water as a scarce resource and economic commodity [84].

In Brazil, the Basic Sanitation Legal Framework mandates the provision of four essential services to the population: water treatment and distribution, sewage collection and treatment, waste management, and stormwater management. The treatment of sewage is still inadequate, with only 51.2% of the generated sewage being treated [82]. Many municipalities either do not treat sewage or only provide a partial treatment [85,86], resulting in the direct discharge of untreated sewage into rivers. Solid waste management remains a significant challenge, too, with 24.9% of the generated waste still being disposed of in dumpsites [87]. This practice leads to various negative impacts, including the contamination of underground water sources. Additionally, littering in urban areas not only pollutes water systems but also obstructs drains and pipes, posing a threat to both water and energy systems. In addition, the stagnant water resulting from littering becomes a breeding ground for mosquitoes [88,89]. While Brazilian policies have addressed water, sanitation, waste management and stormwater management collectively as basic sanitation services [90–92], the complex nature of the WES nexus is not adequately reflected in the structure of public management, decision-making processes, or the national priority agenda for human rights.

The operational and infrastructural disjunctions between the water, energy, and sanitation sectors in Brazil are manifested across various entities at different levels of government.

These entities include the National Water and Sanitation Agency (ANA), basin committees, the National Agency of Electric Energy (ANEEL), the National Electric System Operator (ONS), environmental agencies, and local/regional supply services. However, these entities operate within distinct deliberative, technical, and operational boundaries, indicating a compartmentalized and non-dialogic approach to public institutional rationality. Disconnected public policies emerge, exacerbating the challenges faced by citizens in their daily lives [93]. For instance, approximately 90% of emergency declarations by municipalities in 2003–2018 in Brazil were attributed to water management issues, including scarcity (droughts) and excess (floods). If water levels are too high or too low, energy and sanitation operations can be compromised. Such issues are closely interconnected with local socio-economic and sanitation dynamics [94].

In Brazil, investments in water, energy, and sanitation infrastructures often prioritize economic profitability over citizen service [95]. Water and sanitation services are often consolidated within the same company, either at the state or municipal level. However, when these companies open their capital to the market, as exemplified by SABESP in the state of São Paulo, there is a tendency to prioritize shareholders' interests and distribute profits to them. Consequently, there is a corporate insensitivity to the difficulties faced by consumers, such as the simultaneous economic and environmental crisis that resulted in water scarcity and increased service prices during the 2014–2015 water crisis and economic recession in São Paulo [96]. This underscores that the issue at hand encompasses not only environmental and technical dimensions but also political, economic, and social aspects that must be taken into account when integrating public policies to prevent similar crises in the future.

As it is evident, interconnections among water, energy, and sanitation arise from Brazil's historical reliance on hydropower, among other factors. However, disjointed governance and management across these sectors have led to inefficiencies. The practical implementation of technically sound solutions, tested under controlled conditions, is influenced by operational, managerial, economic, and cultural factors that ultimately determine their effectiveness [97]. Therefore, the effectiveness of the applied solutions is enhanced when hybrid and interdisciplinary approaches are employed to consider different perspectives [97]. In the following paragraphs, we examine a small sub-set of interconnections to demonstrate the usefulness of the WES nexus approach.

4. Mapping the WES Nexus: Nodes and Their Interconnections

We identified eighteen nodes encompassing infrastructures, indicators, policies, actors, and aspects/impacts. The relationships among these nodes, as illustrated in Table 2 and Figure 3, provide valuable insights into the dynamics of the WES nexus. We began with a scenario that allowed us to think thorough the interconnections between the water, energy, and sanitation components and their infrastructures—but also the multiple disciplinary knowledge and perspectives that can be deployed to understand and address the challenges from these interconnections. The envisaged scenario portrays a precarious situation where regions proximate to a reservoir may face a scarcity of accessible water for diverse purposes (N01), while downstream territories face infrastructure damage and destruction due to the abrupt release of water following the collapse of a dam (N04). Among other possible negative impacts, such a scenario is likely to have significant financial implications, including the cost of obtaining alternative water supplies in order to ensure the availability of drinking water for communities in the vicinity of the reservoir in the short term, as well as the cost of repairing damaged infrastructure and compensating for assets lost [98]. Research in architecture could contribute significantly to this domain, exploring cost-effective strategies and policies for reconstruction and retrofitting structures to minimize economic losses.

Table 2. Examples of nodes and their relationships within the WES nexus. Nodes: N01: Availability; N02: Catchment; N03: Consumers; N04: Dam collapse; N05: Demands; N06: Diseases; N07: Effluent; N08: Floods; N09: Innovation; N10: Interruptions; N11: Land use; N12: Monitoring; N13: Power plants; N14: Privatization; N15: Production; N16: Quality; N17: System resilience; N18: Treatment plants. Sectors: W: Water; E: Energy; S: Sanitation. Types: T01: Infrastructure; T02: Indicators; T03: Policies; T04: Actors; T05: Aspects/Impacts.

| Link | Node1 | Sector1 | Type1 | Node2 | Sector2 | Type2 | Reference |
|------|-------|---------|-------|-------|---------|-------|-----------|
| L01 | N08 | W | T05 | N04 | E | T05 | [99] |
| L02 | N12 | W | T01 | N17 | E | T05 | [98] |
| L03 | N16 | W | T02 | N10 | E | T02 | [100] |
| L04 | N01 | W | T02 | N15 | E | T02 | [101] |
| L05 | N16 | W | T02 | N06 | S | T05 | [102] |
| L06 | N16 | W | T02 | N02 | W | T02 | [103] |
| L07 | N02 | W | T01 | N01 | W | T02 | [104,105] |
| L08 | N13 | E | T01 | N11 | E | T05 | [106,107] |
| L09 | N04 | E | T05 | N01 | W | T02 | [98] |
| L10 | N15 | E | T02 | N16 | W | T02 | [108] |
| L11 | N18 | S | T01 | N05 | E | T05 | [109] |
| L12 | N09 | S | T01 | N15 | E | T02 | [110] |
| L13 | N14 | S | T03 | N03 | S | T04 | [87] |
| L14 | N07 | S | T05 | N16 | W | T02 | [111] |

The above scenario shows that conflicts over water can arise not only from water scarcity, but also from the abundance of water. The unequal distribution of water can result in supply inequalities and social tensions [105]. This context prompts a pertinent exploration within the realm of spatial research—the dynamics within the water component, specifically examining the interconnection between the levels of water availability (N01) and water catchment infrastructures (N02). A geographic analysis would consider how different water uses and functions are integrated within a catchment area, a socio-political construct also referred to as a watershed [104]. Such an analysis could look at infrastructural interconnections and human–infrastructure interactions across multiple spatial, political, economic, and social scales [112].

In the sanitation component, infrastructure innovation (N09) is tied to the current and potential metrics of energy generation (N15). Wastewater treatment plants, although critical for maintaining water quality and availability, account for approximately 1% of the global energy consumption [109]. Recent research in waste management has examined the exploitation of human feces for energy generation [113–115]. Research into the potential of urban systems to harness the energy content of human waste and the development of innovative solutions in sanitation—including within architecture and the built environment—could help to prevent the release of greenhouse gases into the atmosphere while simultaneously enabling the generation of energy.

The relationship between power generation in the energy component (N15) and the indicators of water quality (N16) in the water component has proven to be overly sensitive to global and local power imbalances among social groups with diverse ways of life. It is particularly pronounced in countries where hydropower plays a significant role in the energy mix. For instance, artisanal fishers and small-scale farmers rely on the maintenance of natural water cycles and the preservation of flowing water habitats to sustain the reproduction conditions of ichthyofauna and support their small-scale agricultural practices. On the other hand, urban consumers have a growing energy demand due to their lifestyle and expect continuous access to affordable hydroelectric power. Conflicts can arise between the survival needs of artisanal fishermen near waterbodies that have been co-opted by

hydroelectric power stations for the production of energy for urban consumers [108]. The dynamic relationship among energy generation, water quality, and the livelihoods and expectations of distinct social groups calls for architectural and built environment research to address the spatial and design implications of such coexistence.

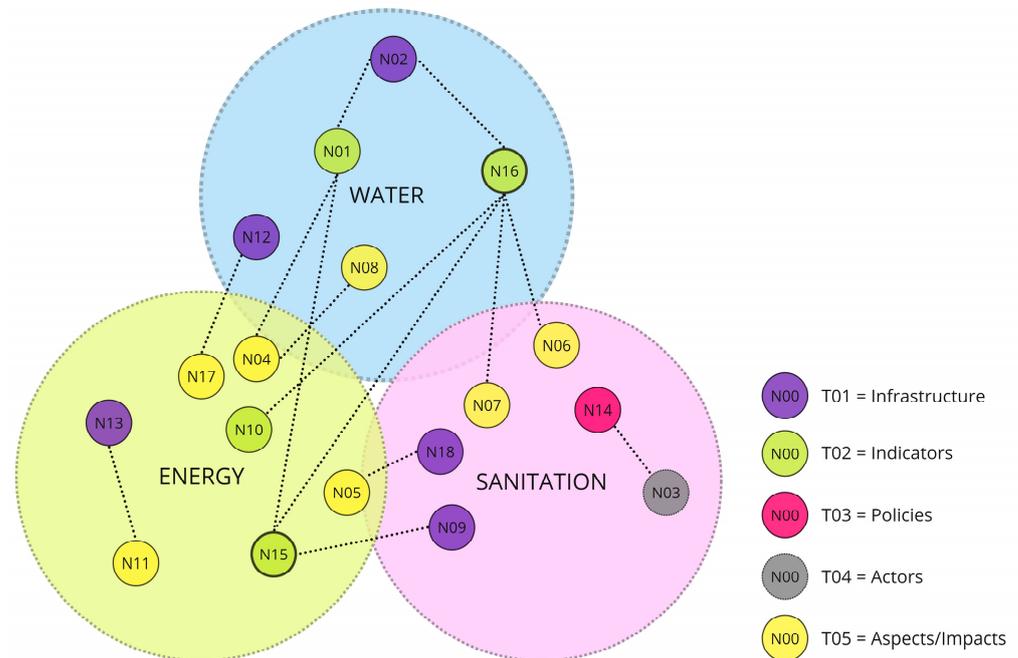


Figure 3. The WES nexus framework comprising components, nodes, and interconnections. The identified nodes include: N01: Availability; N02: Catchment; N03: Consumers; N04: Dam collapse; N05: Demands; N06: Diseases; N07: Effluent; N08: Floods; N09: Innovation; N10: Interruptions; N11: Land use; N12: Monitoring; N13: Power plants; N14: Privatization; N15: Production; N16: Quality; N17: System resilience; N18: Treatment plants.

Water levels play a crucial role in the generation of energy as well as the supply of drinking water and the functioning of transport infrastructure. However, if water levels are too high or too low, these operations can be compromised. The interconnectedness between effluent disposal (N07) in sanitation and the quality of water (N16) has even further implications for the production of power (N15) in the energy sector. Processes and events, such as the improper disposal of sewage, can contaminate water reservoirs [31,116]. Contamination can further compromise the safe operation of the system for energy and drinking water supply as a result of ecological imbalances, such as the rapid growth of algae and plants (eutrophication) [117,118].

In countries like Brazil, economic growth models often prioritize economic development over environmental quality, neglecting the needs of vulnerable populations. These populations, residing in precarious settlements, face multiple risks, including inadequate healthcare and poor environmental conditions. Our study highlights the impact of poorly planned urban growth on public health [6], manifested in the link between the quality of water (N16) and the prevalence of diseases due to poor sanitation (N06) [6,7,119]. Addressing environmental injustices through a WES nexus approach requires the involvement of specialists from various disciplines, including sanitary engineers, biologists, environmental managers, and electrical engineers.

The presented examples, such as the economic implications of a dam collapse, the geographic analysis of water catchment and availability, and the environmental science perspective on innovation in sanitation, highlight the multifaceted nature of challenges and opportunities within the WES nexus. The sociological examination of the water-energy relationship and the interconnectedness of sewage disposal and water quality underscore the importance of adopting an interdisciplinary approach to address these

complex urban issues. As we move forward, it is imperative to recognize the significance of these interconnections and leverage this understanding for sustainable development.

5. Discussion and Conclusions

Unplanned or poorly planned urban growth often results in distributive inequities, with vulnerable populations facing significant challenges in accessing essential services, including water, energy, and sanitation. The failure to provide access to critical services stands in the way of progress toward the Sustainable Development Goals (SDGs) and the 2030 Agenda for Sustainable Development [31].

In this contribution, we proposed a transdisciplinary approach to the study of complex urban systems, focusing on the water–energy–sanitation nexus. Our starting point was the recognition that nexus approaches offer ways to identify and address dynamic challenges in urban systems, such as those resulting from the interplay between different sectors [1,2].

We placed the focus on Brazil, where water is central to energy generation. The common lack of appropriate sanitation infrastructure and inadequate sewage treatment and disposal pose threats to water resources and public health. The interconnected nature of water and energy highlights the need for a coordinated approach to urban planning. The failure to coordinate essential sectors, like water, energy, and sanitation, can lead to disconnected public policies. For example, the positive potential of linking energy and sanitation through the generation of energy from human waste is often overlooked. This oversight not only hampers the potential for resource synergy but also contributes to increased greenhouse gas emissions. Coordinated efforts are needed to address the interconnected systems of water, energy, and sanitation, ensuring that urban policies align with the broader goals of sustainable development [1].

We recognize the limitations of this contribution and consider it primarily an exploratory, transdisciplinary experiment. Our methodology involved transdisciplinary workshops in which participants from across different career stages and diverse disciplinary academic and professional backgrounds took part. The effectiveness of our transdisciplinary workshops could have been significantly enhanced if we had established a formal protocol and systematically recorded relevant information throughout the process. Such a structured approach would have made the subsequent analysis of both the workshop procedures and outcomes more robust and insightful.

Establishing common ground within the transdisciplinary framework proved to be a labor-intensive endeavor, aligning with the challenges inherent in such collaborative initiatives [120]. Although early career researchers were trained in systems thinking and systems mapping to facilitate the envisaged cross-disciplinary collaboration, including the generation of a scoping review and systems maps of the WES nexus, the process demanded considerable time and energy investment. Shared aims and objectives, methodological approaches, and even common terminology had to be developed and agreed upon. Furthermore, the choice of interdisciplinary scoping reviews over a systematic literature review in response to time limitations meant that an agreed protocol (including the use of specific search engines, search terms, and screening processes) was not followed, yielding results that cannot be considered comprehensive [121,122].

Although the flexibility of our proposed framework allows for adaptation to various research team needs, accommodating diverse research questions and disciplinary compositions, in hindsight, a more tailored approach, centered around concrete case studies, could have further refined its applicability and efficacy in addressing specific WES nexus challenges. A more focused and sustainable collaboration with non-academic stakeholders could have been achieved through the concentration on specific case studies. Such a targeted approach would have fostered an in-depth engagement with external partners. Notably, a case study emphasis—focused on a particular geographic context or WES nexus node—would have provided a clearer scope and objectives for the interdisciplinary literature review, ensuring a more purposeful integration of theoretical insights and practical applications.

Future research within the realm of architecture and the built environment should engage with the WES nexus. This imperative arises from the centrality of nexus components, nodes, and interconnections to the design, construction, and operation of buildings and settlements. Even the most traditional notions of architecture are directly linked to the essential infrastructures of water, energy, and sanitation. Studying how these resources and services connect to the lives and livelihoods of users can inform architectural choices and interventions across multiple levels. Although there are notable efforts to understand the architecture–environment relationship across the architectural humanities, social sciences, and engineering, these are focused on specific aspects of this relationship, and practical solutions are concerned with technical aspects of the built environment, such as energy-efficient building design. Through a better understanding of interconnections and interdependencies within the WES nexus, both scholars and practitioners can develop strategies for interventions that foster much needed sustainability and resilience in urban environments.

These reflections should not detract from the overarching argument that we sought to make in this contribution: the built environment and its entanglements with/in the WES nexus or other systems cannot be addressed through architectural (or any other type of) research and practice alone. Rather, the complex nature of urban systems requires the type of transdisciplinary collaboration that we experimented with in the research reported in this paper. This is because the very diverse disciplinary perspectives, knowledges, and research approaches can inform research design and methodology, as well as the interpretation of results. Transcending traditional disciplinary boundaries, truly transdisciplinary research is likely to be in a position to develop innovative methodological approaches that bring together unlikely methods and produce potentially surprising results in response to urgent challenges. At the heart of such research is transdisciplinary collaboration as the involvement of non-academic ‘stakeholders’—the policy makers and urban practitioners tasked with decision-making processes, design and, possibly, implementation of urban (infrastructural) systems within and linked to WES and other nexuses [69,70]. This collaboration proves integral to the methods employed in this study, such as systems mapping, as it enables the formulation of questions directly pertinent to stakeholders and facilitates the rapid implementation of recommendations arising from transdisciplinary research.

We close by echoing Dovey’s observation that there is an urgent need to expand into the ‘enlarged professional field with a responsibility for all architectures’ [32] (p. 87). Architecture remains stubbornly oblivious to its centrality to the various dimensions of human and non-human life, failing to fully mobilize the abilities afforded to it through its status as both an academic discipline and professional practice. In this context, we propose that transdisciplinary approaches—including that discussed in this paper—present a promising avenue for redefining the parameters of architectural responsibility and intervention.

Author Contributions: Conceptualization, N.V., M.A.S.d.C., D.I., J.C.G., E.C. and U.S.; methodology, M.A.S.d.C. and N.V.; formal analysis, A.V.; investigation, M.A.S.d.C., N.V., C.D.S., L.Z., A.V., E.P., J.C.G., E.C., U.S. and D.I.; data curation, M.A.S.d.C. and A.V.; writing—original draft preparation, M.A.S.d.C., N.V., C.D.S., L.Z., A.V., E.P., J.C.G., E.C., U.S. and D.I.; writing—review and editing, D.I.; supervision, M.A.S.d.C.; funding acquisition, N.V. and D.I. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by the British Council, grant number 2019-RLWK11-10693; FAPESP (Sao Paulo Research Foundation), grant numbers 2019/17507-7, 2022/09136-1, and 2023/07235-5 (part of CPE grant 2019/12553-0); CAPES (Coordenação de Aperfeiçoamento de Pessoal de Nível Superior—Brasil), Finance Code 001; CNPq, Research Productivity Fellowship, grant number 315237/2020-1; USP-Susten/SGA Postdoctoral Fellowship grant number DOE de 10.06.2022 (Executivo 1, pp.130/131); and Royal Society, grant number CHL\R1\180122.

Informed Consent Statement: Not applicable.

Data Availability Statement: The original contributions presented in the study are included in the article, further inquiries can be directed to the corresponding author.

Acknowledgments: We thank Tathiane Mayumi Anazawa, Marina Batalini de Macedo, Dayana Almeida, Ana Claudia Chaves Teixeira, Mahmud Tantoush, Fernando Schlindwein, Reiji Nagaoka, and Solon Solomou for their participation in the online workshop ‘Towards Healthy Brazil’, 19–23 July 2021.

Conflicts of Interest: The authors declare no conflicts of interest. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript; or in the decision to publish the results.

Notes

- ¹ The notion of ‘efficiency’ in the context of resource use is not without critique. Scrutinizing the so-called ‘techno-optimism’ (the hope that technology will resolve current sustainability challenges and the climate emergency), the research shows that improvements in efficiency have not necessarily contributed to social, environmental, or economic sustainability in recent decades [55]. As Saunders and Tsao [56] argue, the ‘rebound effect’—i.e., the observation that gains from improvement in efficiency are minimized by an increase in demand—should not deter scholars, practitioners, and policy makers from seeking energy improvements, as they may still contribute to a reduction in resource use.. Scholars have focused on the use of passive solar design [57–60], building-integrated photovoltaics [61–63], and other strategies to reduce the energy demand of buildings and promote the use of renewable energy.
- ² Informality, as defined by UN-HABITAT [66], is the presence of multiple deprivations: the lack of access to improved water, lack of access to improved sanitation, the lack of a sufficient living area and quality/durability of structure, and the lack of security of tenure. Although they are not usually thought of as the architect’s domain, the deprivations characterizing urban informality are directly related to the design, production, maintenance, and inhabitation of the built environment. Architecturally engaging with informality means, therefore, expanding into an ‘enlarged professional field with a responsibility for all architectures, including those where formal outcomes are uncertain and where makeshift forms play important roles’ [32]. The entanglement of the built form, environmental systems, economic structures, and social relations suggests the transgression of ‘normalised boundaries of architectural practice and ideology’ [32]. This requires the application of systems thinking to introduce new perspectives on seemingly familiar phenomena in architectural and urban research [10,67].
- ³ By transdisciplinary, we mean a process of knowledge production that acknowledges multiple ways of experiencing, studying, and understanding the world and that includes non-academic stakeholders [69–71].
- ⁴ The geographical focus of the workshop was the Tietê River Basin in São Paulo, Brazil.
- ⁵ A common application within systems mapping is causal loop diagramming, a qualitative method portraying causal relationships between elements. These connections can be either positive or negative [77]. Causal loop diagramming enables researchers to integrate diverse stakeholder perspectives and to capture emergent dynamics that a linear approach might overlook.
- ⁶ In the context of architectural education, practice, and research, systemic diagramming—a type of systems mapping—is a method to encourage architects to engage with issues beyond the immediate building site or master plan [10]. Borrowed from the natural sciences, systemic diagramming provides a tool to map and communicate actors, resources, and flows within a system, allowing for a nuanced understanding of the interconnections at various scales. Systemic diagramming can be employed to map relationships and to assess the potential consequences of proposed interventions. This enables architects to address complex conditions and understand the broader implications of their interventions on political, socio-economic, and environmental dimensions. The spatial scale emerges as a practical self-regulation mechanism, allowing architects to understand smaller systems within the broader context of a given site.
- ⁷ These nodes are representative of the disciplinary backgrounds of the workshop participants and may vary with the set up of a multi-disciplinary team.

References

1. UN-ESCAP. *The Urban Nexus: Integrating Resources for Sustainable Cities*; ST/ESCAP/2859; UN-ESCAP: Bangkok, Thailand, 2019.
2. Hoff, H. Understanding the Nexus. 2011. Available online: <https://policycommons.net/> (accessed on 4 July 2023).
3. United Nations Environment Programme. *Agriculture: Investing in Natural Capital—Towards a Green Economy Pathways to Sustainable Development and Poverty Eradication*; UNEP: Nairobi, Kenya, 2011.
4. Wei, T.; Wu, J.; Chen, S. Keeping Track of Greenhouse Gas Emission Reduction Progress and Targets in 167 Cities Worldwide. *Front. Sustain. Cities* **2021**, *3*, 696381. [CrossRef]
5. Heller, L. *The Human Rights to Water and Sanitation*; Cambridge University Press: Cambridge, UK, 2022.
6. Lisboa, S.S.; Heller, L.; Silveira, R.B. Desafios do planejamento municipal de saneamento básico em municípios de pequeno porte: A percepção dos gestores. *Eng. Sanit. Ambient.* **2013**, *18*, 341–348. [CrossRef]
7. Acselrad, H.; Herculano, S.; Pádua, J.A. Justiça ambiental e cidadania. In *Justiça Ambiental e Cidadania*; Relume Dumará: Rio de Janeiro, Brazil, 2004; 315p.
8. Liu, Q.; Iossifova, D. Socio-metabolic practices and heterogeneous sanitation infrastructures in urbanizing China. *Trans. Plan. Urban Res.* **2023**. [CrossRef]

9. Till, J. *Architecture Depends*; MIT Press: Cambridge, MA, USA, 2009.
10. Sengupta, U.; Iossifova, D. Systemic Diagramming: An approach to decoding urban ecologies. *Archit. Des.* **2012**, *82*, 44–51. [[CrossRef](#)]
11. Iossifova, D.; Zavos, S.; Gasparatos, A.; Valencio, N.; Bhide, A.; Baltazar, A.P.; Sengupta, U.; Cheung, E.; Baptista, M.d.S.; Dong, N.; et al. Infrastructuring with care in cities of the global south. In *Urban Infrastructuring: Reconfigurations, Transformations and Sustainability in the Global South*; Iossifova, D., Gasparatos, A., Zavos, S., Gamal, Y., Long, Y., Eds.; Springer Nature: Singapore, 2022; pp. 309–319.
12. McPhearson, T.; Haase, D.; Kabisch, N.; Gren, Å. Advancing understanding of the complex nature of urban systems. *Ecol. Indic.* **2016**, *70*, 566–573. [[CrossRef](#)]
13. Santos, M. *Metamorfoses do Espaço Habitado*; Hucitec: São Paulo, Brazil, 1988.
14. Morin, E. Os desafios da complexidade. In *Morin E, Organizador. A Relação dos Saberes. O Desafio do Século XXI*; Editora Bertrand Brasil: Rio de Janeiro, Brazil, 2001; pp. 559–567.
15. Meadows, D.H. *Thinking in Systems: A Primer*; Earthscan: London, UK, 2008.
16. Thackara, J. How to Make Systems Thinking Sexy. 2011. Available online: <http://designobserver.com/> (accessed on 30 June 2011).
17. Brouwer, F.; Avgerinopoulos, G.; Fazekas, D.; Lapidou, C.; Mercure, J.-F.; Pollitt, H.; Ramos, E.P.; Howells, M. Energy modelling and the Nexus concept. *Energy Strategy Rev.* **2018**, *19*, 1–6. [[CrossRef](#)]
18. Chen, B.; Lu, Y. Urban nexus: A new paradigm for urban studies. *Ecol. Model.* **2015**, *318*, 5–7. [[CrossRef](#)]
19. Huan, S.; Liu, X. Network modeling and stability improvement of the water-energy-fertilizer-food nexus flows based on global agricultural trade. *Sustain. Prod. Consum.* **2023**, *39*, 480–494. [[CrossRef](#)]
20. Abdali, H.; Sahebi, H.; Pishvaei, M. The water-energy-food-land nexus at the sugarcane-to-bioenergy supply chain: A sustainable network design model. *Comput. Chem. Eng.* **2021**, *145*, 107199. [[CrossRef](#)]
21. Akbar, H.; Nilsalab, P.; Silalertruksa, T.; Gheewala, S.H. An inclusive approach for integrated systems: Incorporation of climate in the water-food-energy-land nexus index. *Sustain. Prod. Consum.* **2023**, *39*, 42–52. [[CrossRef](#)]
22. Lapidou, C.S.; Kofinas, D.T.; Mellios, N.K.; Witmer, M. Modelling the Water-Energy-Food-Land Use-Climate Nexus: The Nexus Tree Approach. *Proceedings* **2018**, *2*, 617.
23. Zeng, Y.; Liu, D.; Guo, S.; Xiong, L.; Liu, P.; Chen, J.; Yin, J.; Wu, Z.; Zhou, W. Assessing the effects of water resources allocation on the uncertainty propagation in the water-energy-food-society (WEFS) nexus. *Agric. Water Manag.* **2023**, *282*, 108279. [[CrossRef](#)]
24. Feng, M.; Zhao, R.; Huang, H.; Xiao, L.; Xie, Z.; Zhang, L.; Sun, J.; Chuai, X. Water-energy-carbon nexus of different land use types: The case of Zhengzhou, China. *Ecol. Indic.* **2022**, *141*, 109073. [[CrossRef](#)]
25. Su, Q.; Dai, H.; Xie, S.; Yu, X.; Lin, Y.; Singh, V.P.; Karthikeyan, R. Water-Energy-Carbon Nexus: Greenhouse Gas Emissions from Integrated Urban Drainage Systems in China. *Environ. Sci. Technol.* **2023**, *57*, 2093–2104. [[CrossRef](#)] [[PubMed](#)]
26. Rulli, M.C.; Bellomi, D.; Cazzoli, A.; De Carolis, G.; D’Odorico, P. The water-land-food nexus of first-generation biofuels. *Sci. Rep.* **2016**, *6*, 22521. [[CrossRef](#)] [[PubMed](#)]
27. Yuxi, Z.; Jingke, H.; Wen, Q.; Yang, C.; Danfei, N. Managing water-land-food nexus towards resource efficiency improvement: A superedge-based analysis of China. *J. Environ. Manag.* **2023**, *325*, 116607. [[CrossRef](#)]
28. Cristiano, E.; Deidda, R.; Viola, F. The role of green roofs in urban Water-Energy-Food-Ecosystem nexus: A review. *Sci. Total Environ.* **2021**, *756*, 143876. [[CrossRef](#)]
29. Crestaz, E.; Cimmarrusti, Y.; Farinosi, F.; Biedler, M.; Amani, A.; Mishra, A.; Carmona-Gutierrez, A. (Eds.) *Implementing the Water-Energy-Food-Ecosystems Nexus and Achieving the Sustainable Development Goals*; United Nations Educational, Scientific and Cultural Organization (UNESCO): Paris, France, 2021.
30. Rani, A.; Snyder, S.W.; Kim, H.; Lei, Z.; Pan, S.-Y. Pathways to a net-zero-carbon water sector through energy-extracting wastewater technologies. *NPJ Clean Water* **2022**, *5*, 49. [[CrossRef](#)]
31. United Nations. *Transforming Our World: The 2030 Agenda for Sustainable Development*; United Nations: New York, NY, USA, 2015.
32. Dovey, K. Informalising Architecture: The Challenge of Informal Settlements. *Archit. Des.* **2013**, *83*, 82–89. [[CrossRef](#)]
33. Gurr, J.M.; Walloth, C. Introduction: Towards a Transdisciplinary Understanding of Complex Urban Systems. In *Understanding Complex Urban Systems: Multidisciplinary Approaches to Modeling*; Walloth, C., Gurr, J.M., Schmidt, J.A., Eds.; Springer International Publishing: Cham, Switzerland, 2014; pp. 1–12.
34. Hester, R.T. *Design for Ecological Democracy*; MIT Press: Cambridge, MA, USA, 2006.
35. Mostafavi, M.; Doherty, G. (Eds.) *Ecological Urbanism*; Lars Müller Publishers: Zurich, Switzerland, 2010.
36. Hochhäusl, S.; Lange, T.; Adams, R.E.; Barber, D.A.; Bierig, A.; Cupers, K.; Doucet, I.; Ferng, J.; von Fischer, S.; Förster, K.; et al. Architecture and the Environment. *Archit. Hist.* **2018**, *6*, 20. [[CrossRef](#)]
37. Kalhor, K.; Emaminejad, N. Sustainable development in cities: Studying the relationship between groundwater level and urbanization using remote sensing data. *Groundw. Sustain. Dev.* **2019**, *9*, 100243. [[CrossRef](#)]
38. Sharifi, A. Co-benefits and synergies between urban climate change mitigation and adaptation measures: A literature review. *Sci. Total Environ.* **2021**, *750*, 141642. [[CrossRef](#)] [[PubMed](#)]
39. van den Brandeler, F.; Gupta, J.; Hordijk, M. Megacities and rivers: Scalar mismatches between urban water management and river basin management. *J. Hydrol.* **2019**, *573*, 1067–1074. [[CrossRef](#)]
40. Houghton, A.; Castillo-Salgado, C. Health Co-Benefits of Green Building Design Strategies and Community Resilience to Urban Flooding: A Systematic Review of the Evidence. *Int. J. Environ. Res. Public Health* **2017**, *14*, 1519. [[CrossRef](#)] [[PubMed](#)]

41. Jabornig, S. Overview and feasibility of advanced grey water treatment systems for single households. *Urban Water J.* **2014**, *11*, 361–369. [[CrossRef](#)]
42. Li, F.; Wichmann, K.; Otterpohl, R. Review of the technological approaches for grey water treatment and reuses. *Sci. Total Environ.* **2009**, *407*, 3439–3449. [[CrossRef](#)] [[PubMed](#)]
43. Kinkade-Levario, H. *Design for Water: Rainwater Harvesting, Stormwater Catchment, and Alternate Water Reuse*; New Society Publishers: Gabriola, BC, Canada, 2007.
44. Leong, J.Y.C.; Oh, K.S.; Poh, P.E.; Chong, M.N. Prospects of hybrid rainwater-greywater decentralised system for water recycling and reuse: A review. *J. Clean. Prod.* **2017**, *142*, 3014–3027. [[CrossRef](#)]
45. Liu, Q.; Browne, A.L.; Iossifova, D. A socio-material approach to resource consumption and environmental sustainability of tourist accommodations in a Chinese hot spring town. *Sustain. Prod. Consum.* **2022**, *30*, 424–437. [[CrossRef](#)]
46. Ellis, J.B. Sustainable surface water management and green infrastructure in UK urban catchment planning. *J. Environ. Plan. Manag.* **2013**, *56*, 24–41. [[CrossRef](#)]
47. Malaviya, P.; Sharma, R.; Sharma, P.K. Rain gardens as stormwater management Tool. In *Sustainable Green Technologies for Environmental Management*; Shah, S., Venkatramanan, V., Prasad, R., Eds.; Springer: Singapore, 2019; pp. 141–166.
48. Ishimatsu, K.; Ito, K.; Mitani, Y.; Tanaka, Y.; Sugahara, T.; Naka, Y. Use of rain gardens for stormwater management in urban design and planning. *Landsc. Ecol. Eng.* **2017**, *13*, 205–212. [[CrossRef](#)]
49. Hube, S.; Wu, B. Mitigation of emerging pollutants and pathogens in decentralized wastewater treatment processes: A review. *Sci. Total Environ.* **2021**, *779*, 146545. [[CrossRef](#)]
50. Capodaglio, A.G.; Callegari, A.; Ceconet, D.; Molognoni, D. Sustainability of decentralized wastewater treatment technologies. *Water Pract. Technol.* **2017**, *12*, 463–477. [[CrossRef](#)]
51. Singh, N.K.; Kazmi, A.A.; Starkl, M. A review on full-scale decentralized wastewater treatment systems: Techno-economical approach. *Water Sci. Technol.* **2014**, *71*, 468–478. [[CrossRef](#)]
52. Lofrano, G.; Brown, J. Wastewater management through the ages: A history of mankind. *Sci. Total Environ.* **2010**, *408*, 5254–5264. [[CrossRef](#)] [[PubMed](#)]
53. Sojobi, A.O.; Zayed, T. Impact of sewer overflow on public health: A comprehensive scientometric analysis and systematic review. *Environ. Res.* **2022**, *203*, 111609. [[CrossRef](#)] [[PubMed](#)]
54. Pacheco, R.; Ordóñez, J.; Martínez, G. Energy efficient design of building: A review. *Renew. Sustain. Energy Rev.* **2012**, *16*, 3559–3573. [[CrossRef](#)]
55. Alexander, S.; Rutherford, J. A critique of techno-optimism: Efficiency without sufficiency is lost. In *Routledge Handbook of Global Sustainability Governance*; Routledge: New York, NY, USA, 2019; pp. 231–241.
56. Saunders, H.D.; Tsao, J.Y. Rebound effects for lighting. *Energy Policy* **2012**, *49*, 477–478. [[CrossRef](#)]
57. Lotfabadi, P. Analyzing passive solar strategies in the case of high-rise building. *Renew. Sustain. Energy Rev.* **2015**, *52*, 1340–1353. [[CrossRef](#)]
58. Ralegaonkar, R.V.; Gupta, R. Review of intelligent building construction: A passive solar architecture approach. *Renew. Sustain. Energy Rev.* **2010**, *14*, 2238–2242. [[CrossRef](#)]
59. Morrissey, J.; Moore, T.; Horne, R.E. Affordable passive solar design in a temperate climate: An experiment in residential building orientation. *Renew. Energy* **2011**, *36*, 568–577. [[CrossRef](#)]
60. Stevanović, S. Optimization of passive solar design strategies: A review. *Renew. Sustain. Energy Rev.* **2013**, *25*, 177–196. [[CrossRef](#)]
61. Dai, Y.; Bai, Y. Performance Improvement for Building Integrated Photovoltaics in Practice: A Review. *Energies* **2021**, *14*, 178. [[CrossRef](#)]
62. Osseweijer, F.J.W.; van den Hurk, L.B.P.; Teunissen, E.J.H.M.; van Sark, W.G.J.H.M. A comparative review of building integrated photovoltaics ecosystems in selected European countries. *Renew. Sustain. Energy Rev.* **2018**, *90*, 1027–1040. [[CrossRef](#)]
63. Jelle, B.P. Building Integrated Photovoltaics: A Concise Description of the Current State of the Art and Possible Research Pathways. *Energies* **2016**, *9*, 21. [[CrossRef](#)]
64. Gross, M.; Hoffmann-Riem, H. Ecological restoration as a real-world experiment: Designing robust implementation strategies in an urban environment. *Public Underst. Sci.* **2005**, *14*, 269–284. [[CrossRef](#)]
65. Chick, A.; Micklethwaite, P. *Design for Sustainable Change: How Design and Designers Can Drive the Sustainability Agenda*; Bloomsbury Academic: London, UK, 2011.
66. UN-HABITAT. *World Cities Report 2022: Envisaging the Future of Cities*; UN-HABITAT: Nairobi, Kenya, 2022.
67. Sengupta, U.; Doll, C.N.; Gasparatos, A.; Iossifova, D.; Angeloudis, P.; Baptista, M.S.; Cheng, S.; Graham, D.; Hyde, R.; Kraenkel, R. *Sustainable Smart Cities: Applying Complexity Science to Achieve Urban Sustainability*; UNU-IAS: Tokyo, Japan, 2017; pp. 2409–3017.
68. Shove, E. What is wrong with energy efficiency? *Build. Res. Inf.* **2018**, *46*, 779–789. [[CrossRef](#)]
69. Lang, D.J.; Wiek, A.; Bergmann, M.; Stauffacher, M.; Martens, P.; Moll, P.; Swilling, M.; Thomas, C.J. Transdisciplinary research in sustainability science: Practice, principles, and challenges. *Sustain. Sci.* **2012**, *7*, 25–43. [[CrossRef](#)]
70. Rigolot, C. Transdisciplinarity as a discipline and a way of being: Complementarities and creative tensions. *Humanit. Soc. Sci. Commun.* **2020**, *7*, 100. [[CrossRef](#)]
71. Scholz, R.W.; Steiner, G. The real type and ideal type of transdisciplinary processes: Part II—What constraints and obstacles do we meet in practice? *Sustain. Sci.* **2015**, *10*, 653–671. [[CrossRef](#)]
72. Archibald, M.M.; Lawless, M.T.; de Plaza, M.A.P.; Kitson, A.L. How transdisciplinary research teams learn to do knowledge translation (KT), and how KT in turn impacts transdisciplinary research: A realist evaluation and longitudinal case study. *Health Res. Policy Syst.* **2023**, *21*, 20. [[CrossRef](#)]

73. Lopes, A.M.; Fam, D.; Williams, J. Designing sustainable sanitation: Involving design in innovative, transdisciplinary research. *Des. Stud.* **2012**, *33*, 298–317. [CrossRef]
74. Fam, D.; Palmer, J.; Riedy, C.; Mitchell, C. *Transdisciplinary Research and Practice for Sustainability Outcomes*; Taylor & Francis: London, UK, 2016.
75. Grant, M.J.; Booth, A. *A Typology of Reviews: An Analysis of 14 Review Types and Associated Methodologies*; John Wiley & Sons, Ltd.: Hoboken, NJ, USA, 2009; Volume 26, pp. 91–108.
76. Kiekens, A.; Dierckx de Casterlé, B.; Vandamme, A.-M. Qualitative systems mapping for complex public health problems: A practical guide. *PLoS ONE* **2022**, *17*, e0264463. [CrossRef]
77. Rusoja, E.; Haynie, D.; Sievers, J.; Mustafee, N.; Nelson, F.; Reynolds, M.; Sarriot, E.; Swanson, R.C.; Williams, B. Thinking about complexity in health: A systematic review of the key systems thinking and complexity ideas in health. *J. Eval. Clin. Pract.* **2018**, *24*, 600–606. [CrossRef]
78. Plsek, P.E.; Greenhalgh, T. The challenge of complexity in health care. *BMJ* **2001**, *323*, 625–628. [CrossRef]
79. Kiekens, A.; Dierckx de Casterlé, B.; Pellizzer, G.; Mosha, I.H.; Mosha, F.; Rinke de Wit, T.F.; Sangeda, R.Z.; Surian, A.; Vandaele, N.; Vranken, L.; et al. Exploring the mechanisms behind HIV drug resistance in sub-Saharan Africa: Conceptual mapping of a complex adaptive system based on multi-disciplinary expert insights. *BMC Public Health* **2022**, *22*, 455. [CrossRef]
80. Király, G.; Miskolczi, P. Dynamics of participation: System dynamics and participation—An empirical review. *Syst. Res. Behav. Sci.* **2019**, *36*, 199–210. [CrossRef]
81. *ISO 14001-2015; Environmental Management Systems-Requirements with Guidance for Use*. ISO—International Organization Standards: Geneva, Switzerland, 2015.
82. SNIS—Sistema Nacional de Informação Sobre Saneamento: Diagnóstico Anual de Resíduos Sólidos—2020. Available online: <https://www.gov.br/cidades/pt-br/aceso-a-informacao/acoes-e-programas/saneamento/snis/painel/rs> (accessed on 4 July 2023).
83. Energy Information Administration. *Annual Energy Outlook 2020*; US Department of Energy: Washington, DC, USA, 2020.
84. Ribeiro, W.C.; Santos, C.L.S.d.; Silva, L.P.B.d. Conflito pela água, entre a escassez e a abundância: Marcos teóricos. *AMBIENTES Rev. Geogr. Ecol. Política* **2019**, *1*, 11. [CrossRef]
85. Oliveira, S.C.; Von Sperling, M. Análise da confiabilidade de estações de tratamento de esgotos. *Eng. Sanit. Ambient.* **2007**, *12*, 389–398. [CrossRef]
86. Freitas, T.C.d.; Sant’Anna, E.M.E.; Guedes, C.D.; Ferreira, T.C.R.; Guarda, V.L.d.M.; Jardim, F.A. Análise qualitativa e toxicológica de uma floração de cianobactérias na Lagoa do Gambá em Ouro Preto, MG, e uma síntese da ocorrência de florações de cianobactérias no Brasil. *Rev. Bras. Recur. Hídricas* **2012**, *17*, 17–28. [CrossRef]
87. Almeida, R.P.; Hungaro, L. Water and sanitation governance between austerity and financialization. *Util. Policy* **2021**, *71*, 101229. [CrossRef]
88. Kaza, S.; Yao, L.C.; Bhada-Tata, P.; Woerden, F.v. *What a Waste 2.0: A Global Snapshot of Solid Waste Management to 2050*; World Bank: Washington, DC, USA, 2018.
89. Kumar, A.; Agrawal, A. Recent trends in solid waste management status, challenges, and potential for the future Indian cities—A review. *Curr. Res. Environ. Sustain.* **2020**, *2*, 100011. [CrossRef]
90. Brazil. Law no. 11445. Establishes National Guidelines (The Legal Landmark) for Basic Sanitation. 2007. Available online: https://www.planalto.gov.br/ccivil_03/_ato2007-2010/2007/lei/111445.htm (accessed on 9 June 2023).
91. Brazil. Law No. 12305. Establishes the National Solid Waste Policy. 2010. Available online: https://www.planalto.gov.br/ccivil_03/_ato2007-2010/2010/lei/112305.htm (accessed on 9 June 2023).
92. Brazil. Law No. 14026. Updates the Legal Landmark on Sanitation. 2020. Available online: https://www.planalto.gov.br/ccivil_03/_ato2019-2022/2020/lei/114026.htm (accessed on 9 June 2023).
93. Stella, E.A.; Carvalho, I.R.B.D.; Fratta, K.D.D.S.A.; Lacerda, L.F.D.S.; Ziglio, L.A.I.; Gonçalves-Dias, S.L.F. Governança na coleta seletiva de resíduos sólidos urbanos: Mapeamento dos atores presentes no município de São Paulo. *Cad. Campo Rev. Ciências Sociais* **2021**, *31*, 141–176. [CrossRef]
94. Valencio, N.; Valencio, A.; da Silva Baptista, M. What Lies Behind the Acute Crises: The Social and Infrasystems Links with Disasters in Brazil. In *Urban Infrastructuring: Reconfigurations, Transformations and Sustainability in the Global South*; Iossifova, D., Gasparatos, A., Zavos, S., Gamal, Y., Long, Y., Eds.; Springer Nature: Singapore, 2022; pp. 35–52.
95. Ministry of Mines and Energy; Energy Research Office. *Brazil Energy Balance: 50 Years*; Ministry of Mines and Energy: Brasilia, Brazil, 2020.
96. Custódio, V. A Crise Hídrica na Região Metropolitana de São Paulo (2014–2015). *GEOUSP Espaço Tempo (Online)* **2015**, *19*, 445. [CrossRef]
97. Heller, L.; Nascimento, N.d.O. Pesquisa e desenvolvimento na área de saneamento no Brasil: Necessidades e tendências. *Eng. Sanitária Ambient.* **2005**, *10*, 24–35. [CrossRef]
98. Álvarez, X.; Valero, E.; Torre-Rodríguez, N.d.l.; Acuña-Alonso, C. Influence of Small Hydroelectric Power Stations on River Water Quality. *Water* **2020**, *12*, 312. [CrossRef]
99. Gonçalves, J.C.; Marchezini, V.; da Silva Valencio, N.F.L. Desastres relacionados con colapsos de embalses en Brasil: Aspectos sociopolíticos de una seguridad ilusoria. *Estud. Sociol.* **2012**, *30*, 773–804. Available online: <https://estudiossociologicos.colmex.mx/index.php/es/article/view/93> (accessed on 24 January 2024).

100. Cunha, D.G.F.; Grull, D.; Damato, M.; Blum, J.R.C.; Lutti, J.E.I.; Eiger, S.; Mancuso, P.C.S. Trophic state evolution in a subtropical reservoir over 34 years in response to different management procedures. *Water Sci. Technol.* **2011**, *64*, 2338–2344. [CrossRef]
101. Vilanova, M.R.N.; Balestieri, J.A.P. Hydropower recovery in water supply systems: Models and case study. *Energy Convers. Manag.* **2014**, *84*, 414–426. [CrossRef]
102. Rodríguez-Luna, D.; Alcalá, F.J.; Encina-Montoya, F.; Vela, N. The Environmental Impact Assessment of Sanitation Projects in Chile: Overview and Improvement Opportunities Focused on Follow-Ups. *Int. J. Environ. Res. Public Health* **2022**, *19*, 3964. [CrossRef]
103. Elala, D.; Labhasetwar, P.; Tyrrel, S.F. Deterioration in water quality from supply chain to household and appropriate storage in the context of intermittent water supplies. *Water Supply* **2011**, *11*, 400–408. [CrossRef]
104. Molle, F. River-basin planning and management: The social life of a concept. *Geoforum* **2009**, *40*, 484–494. [CrossRef]
105. Silva, L.P.B.; Ribeiro, W.C. Los ríos transfronterizos y la frontera brasil-bolivia: Los usos del agua y la gobernanza hídrica en el centro del continente sudamericano. *Scr. Nova* **2021**, *25*, 79–102. [CrossRef]
106. Kaza, N.; Curtis, M.P. The Land Use Energy Connection. *J. Plan. Lit.* **2014**, *29*, 355–369. [CrossRef]
107. Chen, Y.-k.; Kirkerud, J.G.; Bolkesjø, T.F. Balancing GHG mitigation and land-use conflicts: Alternative Northern European energy system scenarios. *Appl. Energy* **2022**, *310*, 118557. [CrossRef]
108. Debastiani Júnior, J.R.; Naliato, D.A.D.O.; Perbiche-Neves, G.; Nogueira, M.G. Fluvial lateral environments in Río de La Plata basin: Effects of hydropower damming and eutrophication. *Acta Limnol. Brasil.* **2016**, *28*, e26. [CrossRef]
109. International Energy Agency. *Water Energy Nexus*; International Energy Agency: Paris, France, 2016.
110. Andersson, K.; Otoo, M.; Nolasco, M. Innovative sanitation approaches could address multiple development challenges. *Water Sci. Technol.* **2017**, *77*, 855–858. [CrossRef] [PubMed]
111. Novaes, J.L.C.; Carvalho, E.D. Artisanal fisheries in a Brazilian hypereutrophic reservoir: Barra Bonita reservoir, middle Tietê river. *Braz. J. Biol.* **2011**, *71*, 821–832. [CrossRef]
112. Marston, S.A. The social construction of scale. *Prog. Hum. Geogr.* **2000**, *24*, 219–242. [CrossRef]
113. Lu, J.; Zhang, J.; Zhu, Z.; Zhang, Y.; Zhao, Y.; Li, R.; Watson, J.; Li, B.; Liu, Z. Simultaneous production of biocrude oil and recovery of nutrients and metals from human feces via hydrothermal liquefaction. *Energy Convers. Manag.* **2017**, *134*, 340–346. [CrossRef]
114. Yacob, T.W.; Fisher, R.; Linden, K.G.; Weimer, A.W. Pyrolysis of human feces: Gas yield analysis and kinetic modeling. *Waste Manag.* **2018**, *79*, 214–222. [CrossRef] [PubMed]
115. Fangzhou, D.; Zhenglong, L.; Shaoqiang, Y.; Beizhen, X.; Hong, L. Electricity generation directly using human feces wastewater for life support system. *Acta Astronaut.* **2011**, *68*, 1537–1547. [CrossRef]
116. WHO/UNICEF. Improved and Unimproved Water and Sanitation Facilities. Available online: <https://www.who.int/data/nutrition/nlis/info/improved-sanitation-facilities-and-drinking-water-sources> (accessed on 28 April 2023).
117. Jarvie, H.P.; Neal, C.; Withers, P.J.A. Sewage-effluent phosphorus: A greater risk to river eutrophication than agricultural phosphorus? *Sci. Total Environ.* **2006**, *360*, 246–253. [CrossRef] [PubMed]
118. Junk, W.J.; Mello, J.A.S.N.D. Impactos ecológicos das represas hidrelétricas na bacia amazônica brasileira. *Estud. Avançados* **1990**, *4*, 126–143. [CrossRef]
119. Heller, L. *Report of the Special Rapporteur on the Human Right to Safe Drinking Water and Sanitation*; United Nations General Assembly: Geneva, Switzerland, 2018. Available online: https://contrattoacqua.it/public/upload/1/2/tab_elms_docs/1543591628rapporto-rapporteur-heller-2018-n1822481.pdf (accessed on 24 January 2024).
120. Iossifova, D.; Doll, C.; Gasparatos, A. (Eds.) *Defining the Urban: Interdisciplinary and Professional Perspectives*; Routledge: London, UK, 2018.
121. Xiao, Y.; Watson, M. Guidance on Conducting a Systematic Literature Review. *J. Plan. Educ. Res.* **2019**, *39*, 93–112. [CrossRef]
122. Snyder, H. Literature review as a research methodology: An overview and guidelines. *J. Bus. Res.* **2019**, *104*, 333–339. [CrossRef]

Disclaimer/Publisher’s Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.